INDEPENDENCE DAY PARADE
and COOKOUT July 3rd
Everyone is invited to participate!
Walk your dog, decorate your cart, ride a bike, or bring your grandkids.
PARADE
Gather at 8:30 by the flag pole outside the entrance to the Wallace Building.
The parade starts at 9am and the route follows the Manor Park inner campus circle.
Assistance will be available starting at 8am for decorating your car, golf cart, scooter or pet!

COOKOUT
After the parade, come ENJOY a hot dog or hamburger with fixins’.
11:00 - 1:00 R & L Activity Rooms

Calendar adjustment for the week of July 4th:
July 3rd - Coffee Klatch is cancelled, but pastries will be available out front before the parade.
July 4th - Men’s Coffee Club is cancelled
Dutch Treat is cancelled
*Grocery Store bus will go Mon, July 1st
Wildcatter grill is CLOSED all day
Administrative Offices are CLOSED
Beauty Shops are CLOSED

Doggy Pool Party
Wednesday, July 24th
10 am
Manor Park Dog Park
SIGN UP at the Activities table
Come enjoy splishes & splashes, treats and toys, and lots of wet kisses!
Questions - Call Nicole
699-3426

What’s inside?

Phone # 2
New Residents & Orientation 3
Birthdays & Party 3
Grocery Shopping 4
Winners! 4
Campus Happenings 5
Chaplain’s Chat & services 6
Dietary, Maintenance, & Housekeeping news 7
Wellness Calendar 8
Memorials 11 & 12
Calendar “loose”
Frequently Called Phone Numbers

Information / Receptionist 689-9898
(Independent Residents)
Activity / Event Inquiries 699-3426; 699-3428
Accounting / Billing 699-3422
Beauty Shop: Somewhere In Time 699-3405
Chaplain 699-3404
Clinic (FMH Foundation) 689-0042
Director of Independent Living 699-3469
Dining Room ext.2020 689-9898
Grill (Clubhouse) 699-3418
Helen Greathouse Manor 694-1691
Housekeeping 699-3433
Maintenance / Repairs / Handyman 699-3427
Mabee Healthcare Center 689-0707
Marketing Office 699-3414
Pharmacy 689-3355
just need a refill? Call 699-6065
Receptionist (Mabee / Younger) 699-3401
Security 967-3898
Transportation (Medical & Valet) 699-3474
Village Pantry Store 697-9010

Communication is very important to us.

COMMENT SHEETS
are available in three locations:
♦ Receptionist office
♦ IL Activities sign up table
♦ Clubhouse entry

Please leave the completed form with the receptionist.

Dir. IL Sherice Barndt 699-3469 or email sbarndt@manorparkinc.org

Neighborhood Resident Council Monthly Meeting

NEXT meeting
Tuesday, July 16th

Resident Council
PURPOSE & DUTIES

Each neighborhood has a resident who has volunteered to serve on the Resident Council. The Resident Council has over 25 members who provide their neighboring residents with a “neighbor helping neighbor” network. The Residents Council is a vital communication link to the Manor Park community. Members of the Residents Council foster the well-being of the Manor Park community, distribute the monthly newsletter, encourage residents to attend activities, welcome new residents, and attend the Residents Council meetings. The Residents Council assists in expressing new ideas and/or problems any resident may have that need the attention of Staff.

Monthly Resident Meeting

Tuesday, July 30th
9:30am Right Activity Room
(coffee, juice, & muffins at 9:00 a.m.)

Resident Meetings give our valued residents an opportunity to hear from the Executive Director, Alan Hale, about what is happening on our campus and in the community. We encourage you and your neighbors to join us each month.

MISSION STATEMENT

“Manor Park is dedicated to serving Seniors by providing quality homes, healthcare services, programs and activities.”
Welcome Home
The Village at Manor Park

New Resident Orientation
Wed, July 31
2:30 pm Tour
3:00 pm Session

For more information, call Sherice at 699-3469

Thomas Groner
603 El Dorado

Come celebrate JULY birthdays with your neighbors!
Birthday Party
Thurs, July 18
5:00pm - 6:00pm
SERVING:
BBQ Chicken, ranch beans & coleslaw, with cornbread on the side.

July Birthdays

<table>
<thead>
<tr>
<th>Name</th>
<th>Date</th>
<th>Name</th>
<th>Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>Nell Davenport</td>
<td>7/1</td>
<td>Margaret Stoolhoff</td>
<td>7/18</td>
</tr>
<tr>
<td>Daryl Lane</td>
<td>7/3</td>
<td>Melba Cardwell</td>
<td>7/19</td>
</tr>
<tr>
<td>Steven Hofer</td>
<td>7/4</td>
<td>Nancy Little</td>
<td>7/22</td>
</tr>
<tr>
<td>Margaret Aycock</td>
<td>7/4</td>
<td>Addison Barker</td>
<td>7/22</td>
</tr>
<tr>
<td>Patricia Jeffcoat</td>
<td>7/5</td>
<td>Rose Marie Stortz</td>
<td>7/23</td>
</tr>
<tr>
<td>Pat Bucy</td>
<td>7/7</td>
<td>Sue Befact</td>
<td>7/23</td>
</tr>
<tr>
<td>Elaine Tadlock</td>
<td>7/7</td>
<td>Betty Conly</td>
<td>7/24</td>
</tr>
<tr>
<td>Betty Lewis</td>
<td>7/8</td>
<td>Mary Lou Hall</td>
<td>7/24</td>
</tr>
<tr>
<td>Mary Truex</td>
<td>7/8</td>
<td>Joe Harrison</td>
<td>7/26</td>
</tr>
<tr>
<td>Rodell Davis “Dell”</td>
<td>7/9</td>
<td>Pauline Hedrick</td>
<td>7/26</td>
</tr>
<tr>
<td>Carole Symonette</td>
<td>7/10</td>
<td>Rebecca Colgin</td>
<td>7/27</td>
</tr>
<tr>
<td>Jacqueline Wise</td>
<td>7/10</td>
<td>Clara McGrath</td>
<td>7/28</td>
</tr>
<tr>
<td>Skippy Malone</td>
<td>7/10</td>
<td>Maxine Kramer</td>
<td>7/28</td>
</tr>
<tr>
<td>William Stoothoff</td>
<td>7/11</td>
<td>Jody McLane</td>
<td>7/29</td>
</tr>
<tr>
<td>Dixie Hertel</td>
<td>7/12</td>
<td>Paul Colgin</td>
<td>7/31</td>
</tr>
<tr>
<td>Mary Robinson</td>
<td>7/15</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

It’s NOT too late to join!

Yahtzee is back!
Join residents in the Living Room on WEDNESDAYS
starting July 3rd at 1pm

Come have some good ol’ fashioned fun!
Questions?? Call Joyce Keenan 432-218-9104

Yahtzee is back!
Join residents in the Living Room on WEDNESDAYS
starting July 3rd at 1pm

Come have some good ol’ fashioned fun!
Questions?? Call Joyce Keenan 432-218-9104

It’s NOT too late to join!

Everyone has a story!
Come put your story together for
OTHERS to enjoy
or for
YOU to pass on.

Wed, July 10 and 24
1:30pm
Clubhouse—Ortloff rm
Storytelling/reminiscing
has been shown to refresh an aging person’s sense of meaning and purpose and reinvigorate their zest for life and its pleasures.
Manor Park’s Winners

Bridge

May 20
High: Betty Conly
2nd High: Mary Truex

June 3
High: S. Howard
2nd High: S. Kuhrau

May 27
High: Betty Conly
2nd High: Lou Matson

June 10
High: Mary F. Wallace
2nd High: Jody Hale

MEXICAN TRAIN
Join the fun!

5/27/19 Gracie Shaw
5/20/19 Ann Minter
6/03/19 Patsy Jones
6/09/19 Vanda Powers

Mah Jongg
Come learn! We take it slow.

5/18/19 Lucille Balko
5/21/19 Linda McDonald
5/25/19 Lucille Balko & Jo Ann Cozart
6/01/19 Gracie Shaw & Jo Ann Cozart (tied)
6/04/19 Gracie Shaw
6/11/19 Lucille Balko

Grocery Shopping . . .
let us do the driving!

Every Thursday,
Residents begin gathering at 8:30 a.m. in the foyer of the Wallace bldg.

The bus leaves promptly at 8:55 a.m.
Look at the calendar for which grocery store is scheduled each week.

CONTACT Nicole with questions 699-3426

TRIP TIP
1. Make LIST
2. Bring MAGNIFIER with Light
3. Dress in LAYERS
4. Look over store MAP
5. Ask store employees for HELP

IMPORTANT

DUE TO RECENT CHALLENGES IN THE RECYCLING PROCESS,
RESIDENT VOLUNTEERS ARE NO LONGER COLLECTING AND DISPOSING OF RECYCLE PRODUCTS.
INDIVIDUAL RESIDENTS CAN CONTINUE TO UTILIZE THE TWO LOCAL RECYCLING COMPANIES. THEY WILL TAKE HOME RECYCLING WHEN IT IS BROUGHT BY AN INDIVIDUAL HOME NOT IN BULK LOADS.

Recycle, Renew, Reuse

“Thanks to my mother, not a single cardboard box has found its way back into society. We receive gifts in boxes from stores that went out of business twenty years ago.” — Erma Bombeck
**Mondays**

**Mexican Train**
1:00pm
Living Room - Various games played daily after lunch. Come join the FUN!

**Bridge**
1:00pm
Right Activity - Call Em Carnett at 687-6962 or Leon Thompson at 699-7133 for a place at the tables. Come join us!

**Adult Coloring**
2:00pm
In the Atrium – Join others as they color on paper or tablet.

**Shape a New Normal**
2:00pm
Chapel

**Third Monday**
A support group led by Chaplain Bill Billett to help residents cope with life changes after the death of a family member.

**Wednesdays**

**Coffee Klatch**
9:00am
Atrium
Coffee and juice served along with something to munch or dunk

**Games**
1:00pm
Living Room
Come join the fun! Play cards, dice, or domino games

**Mondays**

**Computer Group**
10:00am
Library
Most Tuesdays, a volunteer resident will be helping with computers.

**MahJongg**
1:00 pm
Living Room
Contact Gracie Shaw 704-1756

**Needlework & Crafts Group**
2:00pm
Living Room
For beginners and experts. Gather to work on projects for the campus as well as personal items.

**Party Around the Piano**
5:30pm
Great Room in Clubhouse
Every second Tue. and last Thur.

**Midland Health Lab**
7:00am to 7:30am
FMH Medical Service (across from the pantry)

**First and third Tuesdays**
Get your lab work done early in the morning; you need your insurance card, I.D., doctor's order for lab work & FAX number; if you have questions call- (432)221-2911

**Thursdays**

**Men’s Coffee Club**
9:00am
Clubhouse Grill
Bring your own mug for complimentary coffee; you can order breakfast at the Grill too!

**Grocery Shopping**
8:55am
Bus departs from Wallace Bldg. Let us do the driving; climb aboard the 14-passenger buses; shop about an hour; we help unload your purchases.

**Celtic Heritage Gathering**
6pm
Rt Activity Rm

**Second Saturday**
A gathering for those interested in Celtic traditions; Manor Park provides a meeting location for this group. Residents are welcome to attend

**BINGO**
3:00pm
Rt Activity Rm

**Third Saturday**
Sponsored by Westside Lions Club with prizes provided.
Chapel Services
Friday Mornings
10:30am Catholic Mass - St. Ann’s Catholic Church
Sunday Mornings
9:45am Hymns / 10:00am
Sunday Afternoon
4:00pm Vespers
July 7 - First United Methodist
July 14 - First Presbyterian
“Back Sliders” performers
July 21 - NO SERVICE IN JULY
July 28 - Christ Church Midland

Other gatherings
Bible Study Parks-Faudree
Family Chapel organized by
Melissa Schuler of FUMC
Wednesday, 2:30 in Chapel

Grief Support Group
SHAPING A NEW NORMAL
The 3rd Monday of every mo.
2pm Parks-Faudree Chapel

Chaplain Bill Billett present to meet with whoever comes to the chapel to listen to you as you talk about what is going on in your life.

Chaplains Chat...
As we look to the coming celebration of July 4th, I’m reminded of a conversation my wife and I once had with a young person from Brazil – “Marta” (not her real name). The emphasis of what we talked about centered on the statement, “You are so lucky to have been born in the United States. You can go anywhere you want and do whatever you want.” You realize, Marta was speaking of the freedoms that we, as Americans, have.

Marta was speaking from her perspective and did not realize a couple of things about the freedom we as Americans have. Realistically, there are a few countries to which we cannot travel easily, if at all. Do you know of anyone that has tried to get into North Korea or Iran recently? You may be able to list other countries where it is hard for Americans to enter.

How about really doing anything you want? Marta did not want to see that there are limitations (with good reason) to what we can do. You all know that with freedom comes responsibility. Responsibility is something that the world seems to want to neglect in the pursuit of freedom. Laws (from a government or from God) are in place to help us treat our fellow humans the way we should treat our fellow man. Differences sometimes arise across nationalistic lines. Prejudices can arise over which state or even county a person is from within a country or a particular state. There are even times when lines are drawn socially. We are free to draw the lines wherever we want, but the question is, should we draw lines of distinction at all? What is your basis for your answer? In Mark 12:30-31 of the New International Version of the Bible we find the following:

30 Love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength.’ 31 The second is this: ‘Love your neighbor as yourself.’ There is no commandment greater than these.”

This is Jesus’ response to the question: “What is the greatest Commandment?” The person that was told this agreed with what was said, and the man was told in verse 34 that he, “was not far from the kingdom of God”. That should be our goal in life, to “not be far from the Kingdom of God.” Let’s go out and be, do, or say the things, we need to be doing and or saying to be in right relationship with God and our neighbors.

Blessings,
Chaplain Bill Billett BCC

Let me know if I can be of help as you face any transition in your life. I am open to meeting with you. Please let me know if you would like me to come by and visit you. My phone number to my office is 699-3404 or send an email bbillet@manorparkinc.org

Do you have a prayer request? If you would like to be added to the prayer list, place your request in one of the boxes located around the campus. Requests are collected and distributed to the Manor Park prayer group.
Boxes are located throughout the campus.
You may also send your prayer requests to: mpprayer@suddenlink.net
Campus Dining Options

Café Barney’s
Hours of operation daily:
11:30am – 1:30pm lunch
4:00pm – 6:00pm dinner
“To go” or delivery (lunch only)
Call - 689-9898 ext. 2020

Wildcatters Grill
Tuesday – Saturday
8:00 am – 3:00pm
Eat in or take out available.
Delivery to your car from the back door upon request- 699-3418.

Village Pantry
Mon - Fri
10:30am until 3:30pm

DINING HAPPENINGS
July 4th - Dutch Treat
CANCELLED

July 16th - Dinner with the Chefs
Dining Room at 5:00pm.
Sign up required

July 18 - “DAT” meeting in Dining Room at 2:00pm.

Thrifty Garbage Disposal Cleaning Tips

During normal use of the garbage disposal food particles and residue can be left behind and cause an unpleasant odor in your kitchen sink. The good news is that you can clean your garbage disposal unit without having to buy expensive cleaning products.
Here are 4 simple and effective ways to clean your units:

1. Ice Cubes
Ice cubes straight from your freezer is one of the best methods for cleaning your garbage disposal. Place a handful of ice into your unit, turn it on, and run some cold water. You will hear the ice working!

2. Ice and rock salt
If ice cubes don’t do the trick you can also try adding a cup or so of rock salt for extra scrubbing power. Remember to run the cold water when you turn on your disposal.

3. Baking soda and vinegar
Sprinkle about half cup of baking soda into the disposal followed by a cup of white or apple cider vinegar. Let the mixture bubble up and sit for five to ten minutes, then turn on the disposal and run water.

4. Citrus
Any type of citrus peel is a good garbage disposal deodorizer. Lime, lemon, orange, tangerine and grapefruit peels will help refresh your sink and garbage disposal system. Be sure to cut the peels into small enough pieces for the unit to handle, turn on the unit, and run cold water while the peels grind.

GARDEN HOMES

Security will lock the exterior doors to the Garden homes by 9:30 pm and unlock them by 7:00 am daily. **Doorbells are located outside the exterior doors with address numbers for visitors to ring during the locked hours. If the main door to the hallway of the garden home is unlocked for a guest, please make sure it is locked back.
# Wellness July 2019

Call (432)699-3411 if you have any questions about the Wellness Center!

## Walk Group 2019

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>Walking Group 8AM Fit Mix 10AM <strong>COM 1-1:45PM</strong></td>
<td>Yoga 8:30AM Balance 2PM</td>
<td>Walking Group 8AM Fit Mix 10AM Line Dancing 2PM</td>
<td><strong>WELLNESS CENTER CLOSED FOR 4TH OF JULY</strong></td>
<td>Walking Group 8AM Fit Mix 10AM <strong>COM 1-1:45PM</strong></td>
</tr>
<tr>
<td>8</td>
<td>9</td>
<td>10</td>
<td>11</td>
<td>12</td>
</tr>
<tr>
<td>Walking Group 8AM Fit Mix 10AM <strong>COM 1-1:45PM</strong></td>
<td>Yoga 8:30AM Balance 2PM</td>
<td>Walking Group 8AM Fit Mix 10AM Line Dancing 2PM</td>
<td>Yoga 8:30AM NO BALANCE</td>
<td>Walking Group 8AM Fit Mix 10AM <strong>COM 1-1:45PM</strong> <strong>RockHounds 6:30PM Meet at Wallace bldg</strong></td>
</tr>
<tr>
<td>15</td>
<td>16</td>
<td>17</td>
<td>18</td>
<td>19</td>
</tr>
<tr>
<td>Walking Group 8AM Fit Mix 10AM <strong>COM 1-1:45PM</strong></td>
<td>Yoga 8:30AM Balance 2PM</td>
<td>Walking Group 8AM Fit Mix 10AM Line Dancing 2PM</td>
<td>Yoga 8:30AM NO BALANCE</td>
<td>Walking Group 8AM Fit Mix 10AM <strong>COM 1-1:45PM</strong></td>
</tr>
<tr>
<td>22</td>
<td>23</td>
<td>24</td>
<td>25</td>
<td>26</td>
</tr>
<tr>
<td>Walking Group 8AM Fit Mix 10AM <strong>COM 1-1:45PM</strong></td>
<td>Yoga 8:30AM Balance 2PM</td>
<td>Walking Group 8AM Fit Mix 10AM Line Dancing 2PM <strong>RockHounds 6:00PM Meet at Wallace bldg</strong></td>
<td>Yoga 8:30AM Balance 2PM</td>
<td>Walking Group 8AM Fit Mix 10AM <strong>COM 1-1:45PM</strong></td>
</tr>
<tr>
<td>29</td>
<td>30</td>
<td>31</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Walking Group 8AM Fit Mix 10AM</td>
<td>Yoga 8:30AM Balance 2PM</td>
<td>Walking Group 8AM Fit Mix 10AM Line Dancing 2PM</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Will be taking a bus every Monday and Friday from July 1st through July 26th to the COM for a senior swimming class! Sign up to get the right information and paperwork at the sign up table.

Baseball game tickets will be $9 per person. Meet in front of the Wallace building on designated dates by 6:15.
FMH MEDICAL SERVICE AREA

Texas Tech Physicians
Dr. Chau Minh Le
Family and Geriatric Medicine
Offering home visits for our Independent Living residents
THURSDAYS
1:00 p.m. - 5:00 p.m.
432-349-8331
(Leave a message)

All About Hearing
Appointments can be made TUESDAYS 9a - 12p.
Call to schedule an appt:
432-689-2220

HANDY HELPER SERVICES

COMPUTER HANDYMAN SERVICES
Schedule a work order through the Maintenance Office
697-9033

HANDYMAN SERVICES
For example... Hang pictures, assemble furniture, up-keep of patio and more.
Contact
Maintenance Office 697-9033

HANDY HOUSEKEEPER
Let us help with those home duties that are time consuming and difficult to accomplish. Specialty house services can be hired for a nominal fee so you can enjoy your retirement lifestyle.
To schedule your services:
Housekeeping - 699-3433 OR LVillanueva@manorparkinc.org

LAB SERVICES

Midland Health
Lab- 432)221-2911
Will now provide services out of the FMH Medical Services office (across from the pantry).
First and third TUESDAY

PANTRY SERVICES

Village Pantry
postage stamps, detergent, snacks, milk, & more!
Monday - Friday
10:30a - 3:30p
697-9010

PHARMACY SERVICES

ProvideRx
Mon—Fri
10a-1pm & 2p—5:30p
689-3355
FREE on campus delivery
Call early for same day delivery
Need to REFILL a prescription?
call 699-6065

PHARMACY SERVICES

PHARMACY SERVICES

Medical Transport
Services are available for medical appointments in Midland and Odessa.
Benefits include:
-Reduce stress of parking space
-Door to door service
-Avoid busy traffic
Call 699-3474.
Leave a voice message and they will return your call

RESPITE SERVICES

HGM-VÖGEL
Respite care available
Intermittent rates 7a—7p
Daily (24hr) rates up to 2weeks
Offered 7 days a week.
Admission criteria must be met along with required paperwork.
For more information
Call 432-694-1691 or email scalley@manorparkinc.org

SALON SERVICES

Somewhere In Time Salon
For men, women, & home services
Tuesday thru Friday
For appointment call: 699-3405

TRANSPORTATION SERVICES

Valet
Monday thru Friday 8 a.m - 4 p.m
For a roundtrip in the Midland city limits the rate is $12. If you have multiple stops, you will be charged an extra $5 per stop.
For MP staff assistance (staying with Resident during the outing) the rate is $20/hr. For a trip to the Airport cost is $20 one way.

After-hours and Weekends
When one person or a group (up to 14 persons) would like to use the Valet services for an event the charge is $25/hr minimum of 2 hrs. This amount can be divided by all passengers.

TRANSPORTATION Dept.
CALL 699-3433 or EMAIL transportation@manorparkinc.org

Medical Transport
Services are available for medical appointments in Midland and Odessa.
Benefits include:
-Reduce stress of parking space
-Door to door service
-Avoid busy traffic
Call 699-3474.
Leave a voice message and they will return your call

Include in your message:
Your name
Your address
Date & time of your appointment
Name of your doctor
**Book Club**

Meets the **first Thursday** of every month at 2:30pm in the Right Activity Room. Over the next 3 months we will discuss the following books on the dates listed. We invite you to join us for one book or for all.

- **July 4th** - NO MEETING
- **Aug 1** - Lord of the Flies by William Golding
- **Sept 5** - Killers of the Flower Moon by David Grann
- **Oct 3**—The Heart is a Lonely Hunter by Carson McCullers

**VICTORY GARDEN**

Our “Victory Garden” produces lots of fresh vegetables each year thanks to our dedicated volunteers. Recently, a wonderful batch of onions was grown for our residents to enjoy. We hope you tried one of the three varieties grown. Residents from all over the campus enjoy the fresh vegetables. Take what you can eat or share with a neighbor. We want as many people as possible to enjoy this year’s crop.

**Thank you** to everyone who took care of the onions this spring! A fantastic time was had by all at the Teaching Kitchen demo by Chef Michael Frances!

**DO YOU CRAFT?**

Join us!!!

We welcome needles, hooks, beads, paper, and lots of conversation!

Every Tuesday at 2:30pm, for approximately 10 years, a group of ladies have met in the Living Room. Each one has brought a different talent to practice or teach. Several times, the group has decided on a craft to do for a specific purpose such as, blankets for the Mabee Residents, Christmas stockings stuffed with goodies for Vogel Residents, and tiny stocking caps for newborns at ORMC. Everyone is welcome and fresh ideas are appreciated. Just come by and claim a seat and the rest will fall in place.

**WHO KNOWS WHAT?**

**VAL SPARKS**

*Live on Stage*

The history of this national organization, the 2019-2020 season, and how it was chosen. **Season tickets** will be available to buy. **Join us!**

**Wednesday, June 17**

2 PM

**Wayne Moore Room (HGM)**

**REFRESHMENTS PROVIDED**

**MYSTERY TRIP**

with an ice cream stop!

**Friday, July 19th**

at 1pm

Meet at the Wallace Bldg.

Come take ride on our COOL bus, as we take a look at the changes in SOUTH Midland.

Nicole—699-3426
New to Manor Park? Ready to get involved?

Here are some pointers to get you headed in the right direction.

1. Get to know your neighbors and Neighborhood Council Member(s).
2. Read your monthly newsletter & post the current calendar in a visible location.
3. Give your email address to the IL office to be included in a weekly reminder email. Richelle - 699-3416 or ILadminasst@manorparkinc.org
4. Check out the “sign-up” activities on the table in the Atrium of the Barney Greathouse Bldg. Give everything a try ONCE before you decide it’s not for you.
5. Join in on one of the regularly scheduled activities that DON’T require sign-up. These groups are welcoming and love to have new people jump in and get involved.
6. Get your picture on our Resident Wall outside the Resident Specialist Office. It is a great way to put names and faces together as you make new friends. Call Nicole 699-3426 to get your picture taken.
7. Eat at Barney’s Café or Wildcatter Grill where you hear about the happenings of the day.
8. Be nosey! Walk around the campus or buildings and see where things are located.
HELPFUL EVENT INFORMATION

Events printed in **BOLD** on the calendar usually include a combination of a meal, a ticket, or transportation. Residents are asked to sign-up so we have a head count. This helps staff plan enough food, staff, and/or buses.

Life happens - if you signed up for an event and are unable to attend, it is important to notify:

**Resident Services - 699-3426**
24 hr. advance notice to avoid being charged:

- **$ 7.00 for on campus events**
- **$10.00 for off campus events**

**Questions? Sherice 699-3469**

---

Memorials and Gifts

In Memory of Beverly Pevehouse  
Cathy Eastham

In Memory of Kenneth Dale Biggs  
Polly Porter

In Memory of Brian Davis  
Ken and Vivian Renfrow

In Memory of Sherry Welker  
Margie Lee

In Memory of Tom Whisenhunt  
Margie Lee

In Memory of Tom Parker  
Bob and Evalyn Halvorsen

In Memory of Lucille Everett  
Margie Lee

In Memory of Mary Yocham  
Mr. and Mrs. Wallie Gravitt

In Memory of Jenna Welch  
Jerry Sides  
Jack and Barbara Cartwright

In Memory of Regina Neill  
Jerry Sides

In Memory of Blanche and Scotty Alcorn  
Jane Wolf

In Memory of Colleen Michael  
Fred and Lucy Thummel

In Memory of Nancy Little  
Eddy and Susan Ohlenburg

In Memory of William A. Stringfellow  
Mr. and Mrs., David Simon  
Jack Burkett  
Candace Scholz

---

LEAVE A LEGACY®
Make a Difference  
In the Lives that Follow

When you wish to honor a friend or loved one with a memorial gift, please consider making Manor Park, Inc. the beneficiary of your contribution. The gifts received from memorials are a fitting tribute because they are used to enhance the lives of our residents.

Contact Lucy Woodside - 699-3424 or lwoodside@manorparkinc.org

---

Coming up next month . . .

Ice Cream Social

Men’s Day Out:  
Visit the Hatchet House for a lesson

**Taste of Texas**  
August 31st  
R & L Activity Rooms  
Begin 4:45 pm  
Call Debbie Hostas- 697-9033  
if you would like to prepare a dish