



# Independence Day Parade



*This Photo* by Unknown

**Wheels ONLY: 1, 2, 3, or 4!**

**Join us for a parade, food, fun, and more!**

**WHEN: Thursday, July 2nd @ 9:00 AM**

**WHERE: Around the Manor Park Circle  
and down Pevehouse Pkwy**

**WHO: EVERYONE!!!**

**If you would like to participate in the parade,  
contact Nicole at 699-3426!**

**AFTER the parade. . .**

**Come drive thru and get  
lunch from Manor Park**

**WHEN: 11:00 AM—1:00 PM**

**WHERE: Clubhouse Drive-thru pick-up!**

*There will be 2 lines.*

*One on each side of the Clubhouse!*

**WHAT: Hot dog, potato salad, watermelon, and  
peach cobbler!**

2208 N. Loop 250 W.  
Midland, Texas 79707  
(432) 689-9898



**Our Facebook pages**  
*Manor Park, Inc.*  
*Manor Park Wellness*

If you have a suggestion,  
correction or comment about  
the newsletter, activities,  
or campus issues —  
please contact

Sherice Barndt  
699-3469 or email  
sbarndt@manorparkinc.org

**What's inside?**

Phone numbers	2
New Residents &	3
Orientation	
Birthdays & party	3
Grocery shopping	4
Winners!	4
Campus Happenings	5
Chaplains Chat &	6
Services	
Dietary, Maintenance	7
& Housekeeping news	
Wellness Center	11
Memorials	12
Calendar	"loose"

## Frequently Called Phone Numbers

<b>Information / Receptionist</b> (Independent Residents)	<b>689-9898</b>
<b>Activity / Event Inquiries</b>	<b>699-3426; 699-3428</b>
<b>Accounting / Billing</b>	<b>699-3422</b>
<b>Beauty Shop: <i>Somewhere In Time</i></b>	<b>699-3405</b>
<b>Chaplain</b>	<b>699-3404</b>
<b>Clinic (FMH Foundation)</b>	<b>689-0042</b>
<b>Director of Independent Living</b>	<b>699-3469</b>
<b>Dining Room</b>	<b>ext.2020 689-9898</b>
<b>Grill (Clubhouse)</b>	<b>699-3418</b>
<b>Helen Greathouse Manor</b>	<b>694-1691</b>
<b>Housekeeping</b>	<b>699-3433</b>
<b>Maintenance / Repairs / Handyman</b>	<b>699-3427</b>
<b>Mabee Healthcare Center</b>	<b>689-0707</b>
<b>Marketing Office</b>	<b>699-3414</b>
<b>Pharmacy</b>	<b>689-3355</b>
	<b>just need a refill? Call 699-6065</b>
<b>Receptionist (Mabee / Younger)</b>	<b>699-3401</b>
<b>Security</b>	<b>967-3898</b>
<b>Transportation (Medical &amp; Valet)</b>	<b>699-3474</b>
<b>Village Pantry Store</b>	<b>697-9010</b>

Communication is very important to us.

### COMMENT SHEETS

are available in three locations:

- ◆ Receptionist office
- ◆ IL Activities sign up table
- ◆ Front of Dir. IL office

Please leave the completed form with the receptionist.

**Dir. IL Sherice Barndt**

**699-3469 or email sbarndt@manorparkinc.org**

## Neighborhood Resident Council Monthly Meeting

**Tuesday, July 21st**  
**2pm**

**Details to be communicated to council members.**

Did you know our Resident Council volunteers attend a meeting each month to discuss campus issues, upcoming events, and give ideas for new opportunities. They are the voice for each neighborhood and work hard to get new neighbors acquainted with each other and involved.

## Monthly Resident Meeting

**CANCELLED for JULY**

**Last Tuesday of each month**

**9:30 am**

**Right Activity Rm.**

**(coffee, juice, & pastries at 9 a.m.)**

Join your neighbors as Alan Hale, Executive Director, gives a campus wide update along with other Administrative staff. You will have a chance to hear from other members of the staff as well.

**Joint Primary Runoff and  
Midland County Hospital  
Election**

**Vote**

**Tuesday, July 14th**

Mail in ballot registration applications **MUST** be turned in by

**JULY 2, 2020**

to receive a mail in ballot.

**Contact Nicole 699-3426**

# Welcome Home



## The Village at Manor Park

Parish, Ann  
122 Bridgewater Circle

Hughes, Robin  
124 Bridgewater Circle

Mashburn, Elizabeth  
1808 Nashville Avenue

Bohaychuk, John & Laura  
1803 Nashville Avenue

### New Resident Orientation

Weds, July 29  
2:30 pm Tour  
3:00 pm Meeting

For more information,  
call 699-3469

Each resident attending  
will receive a special  
gift handmade by the  
Needlework Group.

\*\*If you were unable to  
attend in the past, please,  
join us at one of our  
monthly meetings.



### Birthday Party

**CANCELLED FOR JULY**

Right Activity Rm.  
5:00pm - 6:00pm

### July Birthdays

Nell Davenport	7/1
Daryl Lane	7/3
Steven Hofer	7/4
Margaret Aycock	7/4
Pat Bucy	7/7
Norma McCray	7/7
Mary Truex	7/8
Rodell "Dell" Davis	7/9
Carole Symonette	7/10
Jacqueline Wise	7/10
Skippy Malone	7/10
William Stoothoff	7/11
Margaret Stoothoff	7/18
Dixie Hertel	7/12
Melba Cardwell	7/19
Richard Williams	7/21
Addison Barker	7/22
Rose Marie Stortz	7/23
Sue Becraft	7/23
Betty Conly	7/24
Mary Lou Hall	7/24
Joe Harrison	7/26
Polly Hedrick	7/27
Rebecca Colgin	7/27
Sandra Bolinger	7/28
Oweta Cornelius	7/28
Clara McGrath	7/28
Maxine Kramer	7/28
Jody McLane	7/29
Dorothy Moring	7/30
Paul Colgin	7/31



Put some **COLOR** on your plate!



### Special Nutrition Concerns for Older Adults

Our daily eating habits change as our bodies get older. Make small adjustments to help you enjoy the foods and beverages you eat and drink.

- Add flavor to foods with spices and herbs instead of salt and look for low-sodium packaged foods.
- Add sliced fruits and vegetable to your meals and snacks. Look for pre-sliced fruits and vegetables on sale if slicing and chopping is a challenge.
- Ask your doctor to suggest other options if the medications you take affect your appetite or change your desire to eat.
- Drink 3 cups of fat-free or low-fat milk throughout the day. If you cannot tolerate milk try small amounts of yogurt, butter milk, hard cheese or lactose-free foods. Drink water instead of sugary drinks.

Consume foods fortified with vitamin B12, such as fortified cereals.

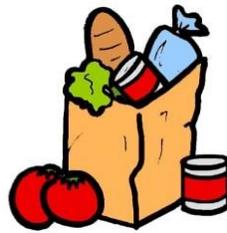
<https://www.choosemyplate.gov/browse-by-audience/view-all-audiences/adults/older-adults>

**Eating from STYROFOAM and PAPER WRAPPINGS is not appetizing on a daily basis! Consider:**

- **Remove food from “to-go” containers and put on your regular table ware.**
- **Every once in awhile, treat a meal as though it is special. Bring out your nice dinnerware and even a special drink.**
- **Eat at a picnic table on a patio around the campus.**

## Grocery Shopping . . .

*let us help you out*



We are happy to help you set up and/or assist with online ordering. To learn more CONTACT Amber – 699-3416

If grocery delivery or pick up is not an option, we can do light shopping each week on Thursday for you. We go to Albertsons the first three weeks and HEB on the last week. To learn more CONTACT Nicole - 699-3426

**DATE CHANGE –due to the parade on July 2nd, grocery shopping will be done on WEDNESDAY, JULY 1**



**What does adult coloring do to relax people?**



*According to clinical psychologist Scott M. Bea, PsyD, it has everything to do with refocusing our attention. Dr. Bea cites three reasons adult coloring can be calming:*

1. **Attention flows away from ourselves.** A simple act, such as coloring, takes your attention away from yourself (and those things that are stressing you out!) and onto the present-moment event. “In this way, it is very much like a meditative exercise,” Dr. Bea says.
2. **It relaxes the brain.** When thoughts are focused on this simple activity, your brain tends to relax. “You’re not disturbed by your own thoughts and appraisals,” he says. “The difficulties of life evaporate from your awareness, and both your body and your brain may find this rewarding.”
3. **Low stakes make it pleasurable.** Go ahead: color outside the lines! The outcome of coloring isn’t predictable or prescriptive. It can be as neat — or as messy — as you choose, and this is one of its relaxing perks. “It is hard to screw up coloring, and, even if you do, there is no real consequence. Adult coloring can be a wonderful escape, rather than a demanding test of our capacities,” he adds.

Information from <https://health.clevelandclinic.org/3-4-reasons-adult-coloring-can-actually-relax-brain/>

## **Mondays**

Email sent  
From IL office  
Copies are kept  
in the Clubhouse  
and Wallace Bldg  
Entrance



Manor Park Wellness

Join Jennifer for  
FIT MIX  
M-W-F  
10-10:45am

## **Tuesdays**

Midland Health  
Lab

7:00am to 7:30am  
FMH Medical Service  
(across from the pantry)

**First and third  
Tuesdays**

You need your insurance card, I.D., doctor's order for lab work & FAX number; if you have questions call- (432)221-2911



Manor Park Wellness

Join Jennifer for  
GET LIMBER  
8:30-9:30am

BALANCE  
3-3:30pm

## **Wednesdays**



Manor Park Wellness

Join Jennifer for  
FIT MIX  
M-W-F  
10-10:45am

## **Thursdays**

Email sent  
From IL office  
Copies are kept  
in the Clubhouse  
and Wallace Bldg  
Entrance



Manor Park Wellness

Join Jennifer for  
GET LIMBER  
8:30-9:30am

BALANCE  
3-3:30pm

## **Fridays/ Saturdays**



Manor Park Wellness

Join Jennifer for  
FIT MIX  
M-W-F  
10-10:45am

## **Creations** from behind the doors of the **2020 pandemic**

The GREETING CARD PROJECT was birthed by a lonely stack of greeting cards that had been sitting in the cabinets in the offices of the IL department. The idea behind the greeting card project was to let the residents who live in the lock down areas know that we are thinking of them and to lift down spirits up by putting a smile on their faces. Despite the lockdown residents utilize the opportunity to feel a connection. Those that participated in this project were **Paula Johnson, Laverne Kraft, Judy Daily and Alatheia Blischke.**

Quotes from loved ones of those who received the greeting cards.

Lorraine Calabria – "This was a very thoughtful and cheerful thing to do. Family understands and appreciates it. So thoughtful and to not know anyone down there. This is a thoughtful thing to do."

Sue Adams – "We appreciate everything. This is a very difficult time. I am glad that we are here at Manor Park. I can't even see him. I am so pleased. This is a very giving thing, very nice. This is how you make the best of a bad situation."

A special Thank you to those who have helped in the GREETING CARDS PROJECT



## CHAPLAIN'S CHAT

I was already planning on sharing the thoughts of Helen Mallicoat that are below when I was talking with someone recently. This individual said something like this: "I feel like I have lost this time and I will never be able to get it back." This was from someone, from what many would say is, from a younger generation.

I don't remember anybody having put it in those words before. When I heard the person phrase it that way, I realized that is what so many of us are struggling with these days. We have not had our usual contact with family or friends or been able to do things we would do normally and we are grieving the loss of those lost opportunities of the past months.

I know you have probably made a list of the things you have missed, special events you wanted to attend, it might be a haircut, a meeting with friends around a table, church service, Bible study, any number of things. Think about what Helen Mallicoat wrote:

"I was regretting the past  
And fearing the future...  
Suddenly my Lord was speaking:  
'MY NAME IS I AM.' He paused.  
I waited. He continued.  
'WHEN YOU LIVE IN THE PAST,  
WITH ITS MISTAKES AND REGRETS,  
IT IS HARD. I AM NOT THERE.  
MY NAME IS NOT I WAS."  
'WHEN YOU LIVE IN THE FUTURE,  
WITH ITS PROBLEMS AND FEARS,  
IT IS HARD. I AM NOT THERE.  
MY NAME IS NOT I WILL BE."  
'WHEN YOU LIVE IN THE MOMENT,  
IT IS NOT HARD.  
I AM HERE.

MY NAME IS I AM." – Helen Mallicoat, [Laugh Again](#)

Yes, God has been with us through our experiences in the past. God will be with us in the future, but most importantly God IS with us now as we go through life each, and every day.

As of the writing of this article, Sunday services are still on hold. I understand the frustration of not having services, but we need to keep the health of all our residents in mind.

Shaping a New Normal, grief support group, meets the third Monday of every month in the Parks-Faudree Family Chapel of the Barney Greathouse Activities Building at 2:00. I'll be there to meet with whoever comes to the chapel and listen to you as you talk about what is going on in your life. Sometimes it helps just to talk about what is going on.

If you would like me to come by and visit, let me know in person, by phone (699-3404), leave a note on or under my office door or send me a message by email to [bbillett@manorparkinc.org](mailto:bbillett@manorparkinc.org). I will get back in contact with you.

I hope as you share your concerns, you feel you have friends "standing in the gap" lifting you up in prayer. We have people on campus that are willing to pray for you. Please, take advantage of this ministry of others – by submitting a request or by being one of the recipients of the prayer list.

Blessings,  
Bill Billett, BCC Chaplain Manor Park



# Barney's Café

## ATTENTION

COVID-19 precautions in effect until further notice.

**DELIVERY (lunch) and PICK-UP ONLY**

**Breakfast served**

8:30a - 1:30p

**Lunch specials served**

11:30a - 1:30p

**Dinner served**

4:00p - 6:00p

Menus located at the Receptionist desk or Website.

Orders can be placed

Daily or weekly .

Call the Dining Room (689-9898 ext. 2020) and place your order, as needed. (Note: Weekends call 689-9898 and use option 7)

## **Wildcatter's Grill**

*DELIVERY, TAKEOUT, and PICK-UP AVAILABLE.*

Open Tuesday-Saturday

8:30a – 3:00p

**699-3418**

## **Village Pantry**

Open Monday - Friday

10:30a – 3:30p

## **Chef Mike's Corner Cooking Demo**

Join us **Fri, July 31st at 2pm**

**LIVESTREAM** from the **Manor Park Wellness Facebook page**

\*\*make sure you go and "like" the page.

An "event notice" will go out closer to time.



## HOUSEKEEPING

Summer begins on June 20<sup>th</sup>, but for some of us it feels like we went from winter right into summer. Meteorologists are predicting that the Summer of 2020 will be one of the hottest summers on record. We have already reached and surpassed several record high days in May and early June. Now is the time to start preparing your home for the upcoming hot days! (Also, remember to drink plenty of water).

### **Home strategies for surviving a hot spell:**

**Set the thermostat** at 70° to 75°F when you're home, 80°F when you're not; don't turn it off completely before leaving the house (it can cost more to cool the house back down once it overheats).

**Position electric devices** like lamps, TVs, or computers at least a few feet away from your AC thermostat. Reason: The AC can sense heat from these appliances, which can cause it to run longer than necessary.

**Remember heat rises** - Attics can reach temps of 150°F. Take measures to properly insulate this area from the rest of the house: Install sweeps and weather-stripping around the door.

**Create a Breeze** by turning on ceiling fans; with the air circulating, you will feel like a room's temp has dropped up to 8°F. But be smart about it, turn off all fans when you are heading out to avoid wasting energy.

**Use a portable fan** in conjunction with your AC to move air without greatly increasing your power use (it will even save money, because you can comfortably set the thermostat a few degrees higher). Try placing a dish of ice water in front of the fan for an even cooler feeling.

## MAINTENANCE MATTERS . . .



## APROTEX INSPECTIONS

FOR JULY



**ADOBE, ELDORADO, LAJITAS, MANOR VILLAGE CIRC., SONORA**

**July 14<sup>th</sup> and 15<sup>th</sup>**

This will include cleaning and battery change as well as an inspection for damage.

**If you are not planning to be home on these dates, please leave your pendant(s) on the kitchen countertop.**

**Maintenance can replace lost**

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### **Maintenance Office Hours of Service:**

Monday - Friday

8:00 am to 5:00 pm

Lunch 12:00 – 1:00 pm.

Maintenance men will wear mask and gloves in the home. They carry sanitizer to use before and after each home entry.

**\*\*\* EMERGENCIES \*\*\***  
after-hours or weekend

Contact **SECURITY**  
at **967-3898**.



**NEW location** - If you have not come in the Wallace Bldg lately, the Receptionist has moved up front to the new concierge desk. Any business you did with Margie before will continue as before.

Accounting has moved into the receptionist office space. This is where you will pay bills, cash checks, etc., now.

The entry to the Administration Offices has changed and is now located by the coffee counter.

Remember the good ol' days?  
Ice cream trucks in the summer time

Come have an  
ice cream on us!  
Friday, July 24

Ice cream will be available  
At 4 locations and times:

1. Wallace Building 2:00pm -2:45pm
2. North gate between Bridgewater Circle and Helen Grathouse Circle 2:45pm-3:30pm
3. Clubhouse 3:30 PM—4:15 PM
4. Dog Park 4:15 PM—5:00 PM



## Doggy Ice Cream Party!



Come join the FUN!  
Tuesday, July 28  
10 am

Bring your furry friend  
to the Dog Park

### **VIRTUAL**

#### **CAREGIVER SUPPORT GROUP**

*Last Thursday of each month*

Area Agency on Aging  
Will be holding their support group via **ZOOM** a video communications App used to hold meetings, family chats, webinars, educational sessions, and much more.

If you would like to Participate, contact:

**Susan Fredrickson**  
sfrederickson@aaapb.com

The IL Office can assist with getting the ZOOM set up.

### **Texas Department of Public Safety**

If you have received notice of renewal for your drivers license and cannot renew on-line, the State has issued an extension letter good for 60 days or until normal operations resume.

We have copies of the letter in the IL Office, if you need one.

### **Resident Directory**

The IL Resident Directory is a tool for Manor Park Resident use only. Please, do not share the directory with outside organizations.

Thank you!





The list of books chosen for the year are located on the sign up table.

Meets the **first Thursday** of every month at 2:30pm in the Right Activity Room. Over the next 3 months we will discuss the following books on the dates listed. We invite you to join us for one book or for all.

**July 2nd** - To Kill a Mockingbird by Harper Lee

**August 6th**- The Silent Patient by Alex Michaelides

**Sept. 3rd**- The Boy, the Mole, the Fox, and the Horse by Charlie Mackesy

**NOT MEETING BUT STILL READING**

## WHO KNOWS WHAT?

**CHRISTINE ECK**

**Southwest Museum**

**What is available for your pleasure, how they are prepared to keep you safe, and what is on the horizon.**

**Wed, July 15th**

**at 2pm**

**Facebook Livestream— go “like” Manor Park Wellness Facebook**

**Need help? Call Amber or Nicole**



Letters were sent to your home explaining the upcoming roof replacements process to begin **JULY** on Manor Park Residential homes.

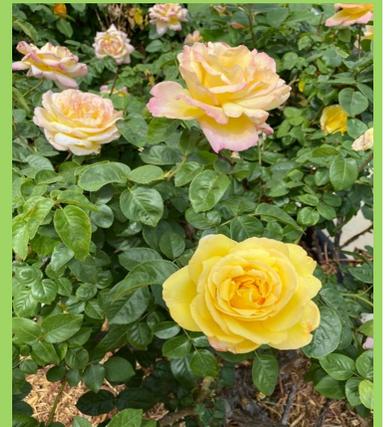
## TIPS FOR SUCCESS

1. Remove loose items from wall Shelves and walls.
2. Keep your pet indoors while workers are present.
3. Be prepared for LOUD noise!

## **VICTORY GARDEN REPORT**

The roses are blooming, the vegetables are ripening, and the herbs are ready for harvesting. While in the garden, be aware of the bees which are busy doing their job of pollinating. Also, when harvesting the vegetables, take a knife or scissors with you to the garden so that you do not harm the plants or the vegetables you are picking. When harvesting the herbs, pick two or three leaves or sprigs from each plant so that the plants are not stripped of their leaves. The salvia in the herb beds is not edible and is there to attract the bees and butterflies.

Finally, be considerate of the other IL residents. Take only enough veggies for your own immediate use. We want everyone to have a chance to enjoy the bounty!



# YELLOW PAGES

## FMH MEDICAL SERVICE AREA

### **Texas Tech Physicians**

**Dr. Chau Minh Le**  
Family and Geriatric Medicine  
Offering home visits for our  
Independent Living residents  
**THURSDAYS**  
1:00 p.m. - 5:00 p.m.  
432-349-8331  
(Leave a message)

### **All About Hearing**

**CANCELLED UNTIL FURTHER NOTICE**  
**TUESDAYS 9a - 12p.**  
Call to schedule an appt:  
432-689-2220

## HANDY HELPER SERVICES

### **COMPUTER HANDYMAN SERVICES**

Schedule a work order through  
the **Maintenance Office**  
697-9033

### **HANDYMAN SERVICES**

For example ... Hang pictures,  
assemble furniture, up-keep of  
patio and more.

#### **Contact**

**Maintenance Office 697-9033**

### **HANDY HOUSEKEEPER**

**CANCELLED UNTIL FURTHER NOTICE**

Let us help with those home  
duties that are time  
consuming and difficult to  
accomplish. Specialty house  
services can be hired for a  
nominal fee so you can enjoy  
your retirement lifestyle.

#### To schedule your services:

**Housekeeping - 699-3433 OR**  
**LVillanue-**  
**va@manorparkinc.org**

## LAB SERVICES

### **Midland Health**

Lab- 432-221-2911

Will now provide services out of  
the FMH Medical Services office  
(across from the pantry).

**7:00am to 7:30am**

**First and third TUESDAY**

## PANTRY SERVICES

### **Village Pantry**

postage stamps,  
detergent, snacks, milk,  
& more!

**Monday - Friday**

**10:30a - 3:30p**

**697-9010**

## PHARMACY SERVICES

### **Provide RX**

**Mon—Fri**

**10a-1pm & 2p—5:30p**

**689-3355**

**FREE on campus delivery**

Call early for  
same day delivery

Need to REFILL

a prescription?

call 699-6065

## RESPIRE SERVICES

### **HGM-VOGEL**

**CANCELLED UNTIL FURTHER NOTICE**

Respite care available

Intermittent rates **7a—7p.**

**Daily (24hr) rates up to 2weeks.**

**Offered 7 days a week.**

**Admission criteria must be met  
along with required paperwork.**

For more information

Call 432-694-1691 or email  
rberzoa@manorparkinc.org

## SALON SERVICES

### **Somewhere In Time Salon**

For men, women,  
& home services

**Tuesday thru Friday**  
For appointment call:

**699-3405**

## TRANSPORTATION SERVICES

### **Medical Transport**

Services are available for medi-  
cal appointments in Midland  
and Odessa.

Benefits include:

-Reduce stress of  
parking space

-Door to door service

-Avoid busy traffic

Call 699-3474.

Leave a voice message and  
they will return your call

**Include in your message:**

Your name

Your address

Date & time of your appointment

Name of your doctor

### **Valet**

**CANCELLED UNTIL FURTHER NOTICE**  
**Monday thru Friday 8am - 4pm**

For a roundtrip in the Midland city  
limits the rate is \$12. *If you have*  
*multiple stops, you will be charged*  
*an extra \$5 per stop.*

For MP staff assistance (staying  
with Resident during the outing)  
the rate is \$20/hr .

For a trip to the Airport cost is  
\$20 one way.

### **After-hours and Weekends**

When one person or a group (up to  
14 persons) would like to use the

Valet services for an event the  
charge is \$25/hr minimum of 2 hrs.

This amount can be divided by all  
passengers.

**TRANSPORTATION Dept.**

**CALL- 699-3433 or**

**EMAIL transportation@manorparkinc.org**

# July Wellness Center Newsletter

## Why is *color* important?

Colors play a vital role in the world we live in. It can change the way we feel, change our actions, and even cause reactions.

*In the case of health and wellness, the more you know about colors the better!* The USDA has a website to help you build healthy eating habits, using colors to represent different food groups. Check out [choosemyplate.gov](http://choosemyplate.gov) or download their **MyPlate** app to pick daily food goals continue on a journey of healthy, fun, colorful eating!

## Wellness Center Equipment

The Wellness Center likes to use color too! We have equipment that can be loaned out, and the color of the equipment represent things. In our weights, the color of the dumbbells determine the pounds. Our exercise poles have different colors depending on the width, and our resistance bands are sorted by color on their level of resistance. Contact the Wellness Center if you're interested in borrowing equipment or have any questions at (432)699-3411.

Here are some exercises to try out at home!

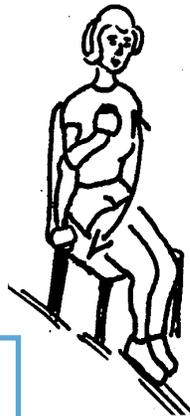
### Elevator:

Stand up slowly by imagining you are an elevator rising 3 floors, stopping briefly (by holding your position for a slow 2 count-1001, 1002 - at each "floor"). Breathe normally! Return to a seated position making the same "stops" at each position. Repeat 4 X's.



### Biceps Curl:

Sit in good posture with arms relaxed at the sides, palm facing toward the body. Bring the right hand to the right shoulder, then return the arm to the side. Complete 8-12 bicep curls. Repeat with the left arm. Repeat full sequence twice. Weights (or stretchy bands) may be held in the hand to increase effort.



***\*\*Remember that the Wellness Center is now online! \*\**** Check out our classes and activities through **Manor Park Wellness** on Facebook or YouTube.

# Memorials and Honorariums

**In Memory of Roy and Wanda Campbell**

Steve and Carole Betton

**In Memory of Louise Galyardt**

James and Judy Roberts

**In Memory of William Monroe Kerr**

Ted and Susan Kerr

**In Memory of Alice Park**

Jane Park

**In Memory of Clarence Carlson**

Lynn and Becky Carlson

**In Memory of Jesse Reams**

Roderick and Carol Beckett

**In Memory of William Mitchell**

Eva Mitchell

**In Memory of Leta Davies**

Wayne and Wanda Culvahouse

**In Memory of Joan Baskin**

Kevin and Christine Foreman

**In Memory of Les Honeyman**

Bob and Bennie Bledsoe

Bruce Pennell

**In Memory of John Woodside**

Bob and Bennie Bledsoe

**In Memory of Billy Yarbrough**

David and Regina Yarbrough

**In Memory of Gracie Shaw**

Jack and Barbara Cartwright

Ruth Martin

**In Memory of Debbie Rozzell**

Joyce Rozzell

Ruth Martin

**In Memory of Martha Hamblin**

Ernest and Nancy Hernandez

**In Memory of Jerry Reese**

Richard and Joyce Watts

**In Memory of Arthur Oestmann**

Richard and Joyce Watts

Bobbie Lookabaugh

Ann Westerman

**In Memory of Benita Birmingham**

Jack Burkett

**In Memory of Ruby Terrell**

Bobbie Lookabaugh

**In Memory of Colleen Michael**

Mr. and Mrs. Fred Thummel

**In Memory of Joan Lamb**

Claudia Powers

William and Jerri Lamb

**In Memory of Hilde Kroger**

Evelyn Davis

**In Memory of Billy James Lovell**

Thursday Night Mixed Bowling League

**In Honor of Manor Park Staff**

Charles and Stella Acree

Blankenship 1991 Foundation

**In Honor of Don Craig**

Mitch and Sherry Malouf



*Make a Difference  
In the Lives that Follow*

When you wish to honor a friend or loved one with a memorial gift, please consider making Manor Park, Inc. the beneficiary of your contribution. The gifts received from memorials are a fitting tribute because they are used to enhance the lives of our residents.

**Contact Lucy Woodside - 699-3424 or [lwoodside@manorparkinc.org](mailto:lwoodside@manorparkinc.org)**